

PERSONAL IMAGE BLUEPRINT - PART 19

SYSTEMS THAT KEEP YOU STYLISH

What Makes a Good System?

1. It Works

Your outfits should look neater, sharper, and more coordinated over time. You should be spending less thought and effort on getting that way as time goes on.

2. It's Cost Effective

Over time, your system should start to eliminate needless expenditures, saving more money for a few top-quality purchases when they're justified.

3. It Saves Mental Energy

As you find things that work for you and they settle into place, you'll be expending less and less of your mental reserves on basic wardrobe questions.

4. It Reduces Stress

By adding to what you know about appearance — and by adding options for controlling your appearance to your wardrobe — you're taking control of things that were previously uncertain. Reducing stress.

5. It Can Be Automated

All the tasks that go into "looking good" should be fully automated.

Examples of automating:

- Pair *pre-matched trousers, jackets, and pocket squares* that go well together
- Store business cards on the left inside pocket of your jacket and use the right inside pocket for other people's cards.
- Use a *packing checklist* when traveling.